

# PUMPKINS AND COMPOST

ATLAS  ORGANICS



## Did you know?

Over 1.3 billion pounds of pumpkins end up in landfills every year. When put in a landfill, these pumpkins will not break down properly and create methane emissions.

## Instead, pumpkins can help make great compost!

You can compost the entire pumpkin; the meat, guts, skin, stem, and even the seeds are compostable.

The whole pumpkin is full of nutrients that can benefit other plants once it is turned into compost.

## How to prepare pumpkins for composting:

1. If your pumpkin was turned into a Jack-o-lantern, be sure to remove and wax, glitter, or paint that were used to decorate it.
2. Pumpkins can break down easier when they are in smaller pieces. So smash that pumpkin to bits!

**We're hosting a number of Pumpkin Smash Events! Click below to learn more & take part!**



**Saturday**  
**November 5th**